

1) Introduction: Text 1 Kings 19

- Story
 - Elijah has just had a great victory, but Jezebel wants him dead
 - Elijah overcome with Fear runs & hide when he 'saw - visualised' 1 Kings 19:3
 - He bolts leaving his servant behind. Elijah is hiding under a broom tree
 - Angels strengthen him X2, depressed (wanted to die) to go 40 days journey
 - **Even in our times of trouble, God is there sustaining us**
 - **Elijah is now hiding in FEAR in a cave**
- Elijah was a man like us – nature like us (NKJV) Jms 5:17
- Elijah listened to the voice of Jezebel >> Negative thoughts >> Depression >> Fear
 - Elijah stopped listening for God >> **Reacting to circumstances**
 - Who are we listening to?
 - What are we visualising? Is it pushing us to Neg thoughts >> Depression >> Fear

2) Elijah was challenged to be the last man standing... ASSIGNMENT

- **God asks** (2x V9 & 13) *What are you doing here??* 1 Kings 19:9, 12 & 13
- Elijah had no word from God to run
- God does not show up in an angry judgmental way – comes to Elijah in a still small voice. God comes to Elijah in a gentle way
- God doesn't address his loneliness or persecution or depression and fear
- God just gives him **ASSIGNMENT** *"Go back the same way you came and finish another 3 assignments"* 1 Kings 19:15-18(NLT)
- **Often the solution to the loneliness, depression & fear is ASSIGNMENT**
- focusing on the problem is not the solution!
- Was there not opportunity for fear & depression when facing 450 Baal prophets, during 3 yrs famine & drought? In these examples, he was focused on the Assignment – on God's Voice

Example 1:

- God's instruction is to go back to Damascus and do an **ASSIGNMENT**
- Interestingly, this reminds us of Saul / Paul the Apostle
 - Saul is knocked off his horse – where? On the road to Damascus
 - Not eaten for three days, prayed for by Ananias, received his sight, filled with H.S.
 - **Could have gotten into depression & Fear** – Now he was a hated, hunted man
 - **ASSIGNMENT** - Immediately he preached Acts 9:20

Example 2:

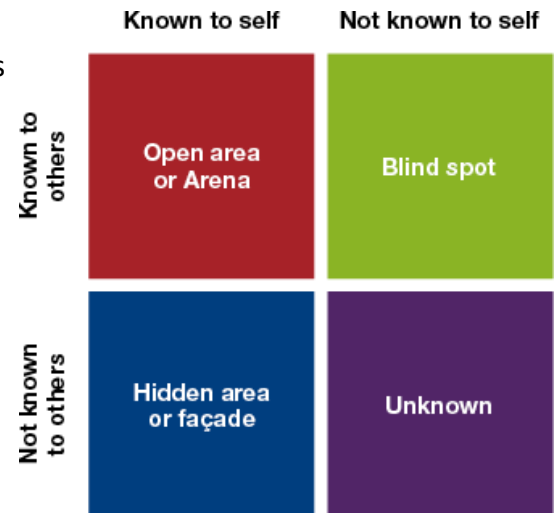
- Paul is in Jail encourages Timothy – Under extreme persecution
- Paul does not comfort Timothy with soft cuddly words but:
- *"Be Strong, Stand first, Train hard, Work hard as a farmer"* 2 Tim 4:1-2
- Paul gives Timothy an **ASSIGNMENT**

3) Most of our Fears – NEVER happen

- Elijah's fears were unfounded and so are many of ours. never did die – God took him into heaven in a chariot of fire with horses of fire by a whirlwind 2 Kings 2:11

4) Johari Window Model

- American psychologists (University of California) **Joseph Luft** and **Harry Ingham** developed this model in 1955.
- The Johari window model is used to enhance the individual's perception on others.
- This model is based on two ideas - **trust** can be acquired by revealing information about you to others and learning yourselves from their feedbacks.
- Each four windowpanes signifies personal information, feelings, motivation and whether that information is known or unknown to oneself or others in four viewpoints.



- **Elijah** has areas in his life that were open for all to see, but also blind spots
- God needed to show him his ASSIGNMENT and Unknown potential
- **Paul, Timothy, Peter** and the Disciples all had these areas / windows
- **We** all have aspects of our nature, personality, skills sets that are:
 - **Open Arena** – Everyone know it and can see it.
 - **Hidden Area** – Where we have non-disclosed aspects of our lives Skills / talents abilities no one knows of (yet)
 - **Blind Spots** – Where we need people to be able to help us
 - **Unknown** – God knows our true capacity and potential
- **TRUST** is the key
 - The more we **TRUST** a friend / colleague, the more we can reveal of ourselves
 - The more we **TRUST** a friend / colleague the more accepting we are of being shown our blind spots
- **Connect Groups:**
 - If you want to be the **Last Man Standing**: Will you **TRUST** a Pastor / friend / CGL
 - Will you develop a **TRUST** relationship?
- **In time of trouble**: Who is your "goto" person? Who is your TRUST partner?
- Elijah got rid of his servant and went into hiding – **isolation is not an answer**
- Will you receive from a **TRUST** relationship – allow somebody to speak into your blind spot? Somebody to draw out your potential & skills